



FAMILY AND SENIOR POLICY

GORE



MRC
D'ARGENTEUIL
Authentique. Avec vous.





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LIST OF ACRONYMS USED

- CISSS : Centre intégré de santé et de services sociaux
- MADA : Municipalité Amie des Aînés
- MRC : Municipalité régionale de comté
- MFP : Municipal family policy

WORD FROM THE MAYOR



Scott Pearce
Mayor

Dear Residents,

I am proud to present the first family and senior policy of the Township of Gore.

Following public consultations and dialogues with residents of all ages, we have developed our family policy and “Municipalité Amie des Aînés” (MADA) program. Our municipal Councillors, Mrs. Shirley Roy and Mrs. Anik Korosec, chaired the committee that contributed to the content of this policy.

With our aging residents and the arrival of new young families to Gore, this family and senior policy gives us the tools to meet their needs.

We are always looking to improve our services and the quality of life of our residents. This policy demonstrates our commitment to them.

In recent years, the Township of Gore has developed several activities and services for families and seniors, such as our Family in Action program, our network of hiking trails, our senior Meet & Greet, to name but a few. Future activities and programs are still to come for our seniors and families.

I wish to thank all our residents who have contributed to this policy. Your involvement and collaboration are invaluable and we thank you.

A handwritten signature in black ink, appearing to be the name Scott Pearce, written in a cursive style.

WORD FROM COUNCILLORS RESPONSIBLE FOR FAMILY AND SENIOR ISSUES



Shirley Roy

*Municipal Councillor,
responsible for senior issues*

A handwritten signature in black ink that reads "Shirley Roy".

Being responsible for family and senior issues, we are pleased to present the family and senior (MADA) policy of the Township of Gore, which aims to provide a better quality of life for our families and our seniors. To better target the needs of our community, several tools were used such as a residents' survey and focus groups, which gave us valuable suggestions as part of this important project.

The primary objective of this policy is to promote the involvement and active participation of our seniors and our families to contribute to the vitality of our community. "Generations together", that is to say, working together for a common goal: providing a better bond within our community, making it more inclusive.

We thank all residents for their participation as well as members of the MADA / family policy committee who gave so generously of their time to the production of this major project. We also wish to thank the MRC d'Argenteuil as they provided valuable resources to guide us throughout this process.

"Generations together" for a community of sharing, exchange and mutual assistance with the complicity of our residents, young and old!



Anik Korosec

*Municipal Councillor,
responsible for family issues*

A handwritten signature in black ink that reads "Anik Korosec".



FOREWORD

The Township of Gore considers that families and seniors have priority: that is why it has embarked on the development of a regional family and senior policy, together with the municipalities of the MRC d'Argenteuil. This policy is a concrete way of expressing the desire to focus on families and seniors at the heart of municipal actions.

Local committees were set in motion in each of the nine municipalities of the MRC d'Argenteuil to participate in the development of a regional policy. The mandate given to the committee was to find out the specific character of families and seniors of their municipality, in addition to exploring their needs, as well as their interests. A wide consultation was held with residents in order to collect the necessary information. After compiling the data, numerous meetings allowed us to develop an action plan reflecting the needs of our families and seniors.

GORE FAMILY AND SENIOR COMMITTEE

The Gore family and senior policy in numbers :

- 104 questionnaires completed by Gore residents
- 11 Gore residents participated in one of the 3 discussion groups
- 10 family and senior committee meetings
- A little over 24 months of work

The Gore family and senior committee is mandated to monitor the action plan and policy follow-up.



Members of the local committee and the people who contributed to it :

- Renée-Claude Bergeron, resident and coordinator
"Québec en Forme Argenteuil"
- Karine Brousseau, resident
- Stéphanie Boucher, resident
- Cécilia Gionet, resident
- Tammy Hall, municipal employee
- Martine Kirouac, educational advisor at
"CPE Le rêve de Caillette"
- Anik Korosec, municipal Councillor
- Donald Manconi, municipal Councillor
- Janick Roy, resident
- Shirley Roy, municipal Councillor
- Vitor Sabino, resident

FAMILY AND SENIOR POLICY FOUNDATIONS

MISSION

Integrate “thinking and acting families/seniors” in the planning, administration and projects to enhance the vitality and well-being of everyone.

GENERAL OBJECTIVES

- Improve the quality of life for families and seniors;
- Promote the establishment of new families, retention of current families and seniors;
- Harmonise municipal actions based on common objectives;
- Develop a framework for planning, implementation and monitoring of actions;
- Develop a sense of belonging and civic involvement.



DEFINITION | FAMILY

Argenteuil families come in different styles, but they all define the link between at least one adult and at least one child living together in continuity. They are an ideal living environment for the transmission of values between generations. They are characterized by the responsibility of their members to provide emotional, moral and material support to one another.

DEFINITION | SENIOR

Argenteuil seniors form a diverse group that contribute to community enrichment by sharing their values, knowledge and experience. They play an important role in their communities, not only through community involvement, but also in their family nucleus. Seniors are in a period of life characterized by changing or emerging needs, and ways to meet their needs are as unique as they are diverse.



VALUES

The values from the MRC d'Argenteuil strategic planning will guide actions for families and seniors :

Proximity - Solidarity - Commitment - Respect

Fairness - Integrity - Pride - Discipline - Transparency

GUIDELINES

- Promote favourable environments for healthy lifestyles;
- Acting in consultation while recognizing the jurisdiction of the partners who work every day with families and seniors from the territory;
- Promote access to services based on the families' and seniors' needs and realities;
- Ensure effective flow of information.

AREAS OF INTERVENTION

- Housing and living environment
- Security
- Transportation
- Health and community support
- Social participation
- Communication
- Administration and follow-up



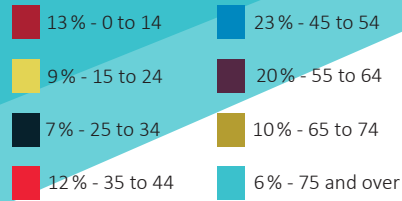
THE TOWNSHIP OF GORE POPULATION IN SHORT

The Township of Gore counts **1,929 inhabitants** (Decree 2016), an increase of 25.2% compared to 2006.

The median age is **49.3 years** compared to 46.9 years for the MRC d'Argenteuil and 41.9 years for the province of Quebec.

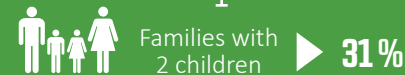
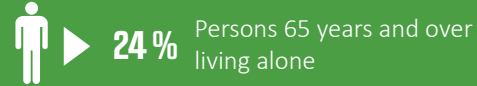
We find an equal proportion in the number of young people under 18 and seniors 65 and older (16% each).

POPULATION DISTRIBUTION BY AGE GROUP



*Statistics Canada, 2011

COMPOSITION AND DIVISION OF HOUSEHOLDS



*Statistics Canada, 2011

EDUCATION OF ADULTS AGED 25 YEARS AND OVER

Schooling	Gore	Québec
No diploma or certificate	17%	17%
High school diploma	27%	21%
Professional studies	29%	18%
College studies	16%	18%
University studies	11%	26%

*Statistics Canada, 2006

AVERAGE FAMILY INCOME

Gore : \$ 63 072

Argenteuil : \$ 51 234

Québec : \$ 58 678

*Statistics Canada,
all census families 2006



French



English



French and
English

MOTHER TONGUE



Other

*Statistics Canada, 2011

NUMBER OF BIRTHS

2013



2014



2015



*Data supplied by the CISSS Laurentides

ACTION PLAN FOR GORE FAMILIES AND SENIORS 2016-2019

Social participation

HL : Healthy lifestyles

Goal A: Develop, support and promote volunteerism in the community

ACTIONS	FAMILIES	SENIORS	HL
Create a resident action committee (sporting, cultural and community life)	●	●	●
Use volunteers to accomplish various tasks (cleaning chores)	●	●	
Recognize volunteers at a party	●	●	
Present volunteering differently: - Promote timely volunteering (short-term) - Present teams of volunteers by describing their tasks - Become more accurate in volunteer requests	●	●	

Goal B: Provide activities that reflect the needs and realities of families and seniors

ACTIONS	F	S	HL
Support and promote the Family in Action activities	●		●
Continue to hold the winter carnival and summer festival (Coureur des Bois Challenge)	●		●

Goal C: Facilitate families' participation in activities

ACTIONS	F	S	HL
Adapt the skating rink schedule to meet the needs of families with young children (free skate before hockey)	●		●
Propose reduced pricing taking into account larger families	●		●

Housing and living environment

Goal A: Make the Lake Beattie project development accessible to families and seniors

ACTIONS	FAMILIES	SENIORS	HL
Suggest the planning of facilities that encourage families to frequent the site (changing table, picnic tables, playground for 0-5 year olds, etc.)	●		●
Offer preferential pricing to Gore seniors and families for site access	●	●	●
Promote the Lake Beattie beach by holding events and activities dedicated to families and seniors	●	●	●

Goal B: Develop a trail system adapted to the needs of families and seniors

ACTIONS	F	S	HL
Support and promote the family trail project (financial, human resources, material and communicational aid)	●	●	●
Organize and encourage weekly meetings for physical group activities	●	●	●
Establish a snowshoe lending system at the municipal park for trail users	●	●	●

Goal C: Facilitate the retention of seniors in the municipality

ACTIONS	F	S	HL
Promote the construction of housing for seniors in Gore (verifying zoning, public consultations, etc.)		●	
Promote existing home services		●	

Goal D: Provide outdoor play spaces that meet the needs of families

ACTIONS	F	S	HL
Consider the possibility of creating a play structure for toddlers at the municipal park	●		●
Ensure the condition of the playground and infrastructure at the municipal park	●		●

Goal E: Facilitate budget planning for seniors and low-income families

ACTION	F	S	HL
Assess the possibility of offering residents the option of paying their property taxes in four installments	●	●	

Goal F: Improve the availability of the community center

ACTION	F	S	HL
Expand the possibility of outdoor activities (outdoor exercise circuit with use of exercisers at the park)	●	●	●

Security

Goal A: Reassure seniors by strengthening community spirit

ACTIONS	FAMILIES	SENIORS	HL
Implement sector oversight committees (Good neighbor, watchful neighbor of the Sûreté du Québec)		●	
Recruit volunteers willing to make reassuring calls or home visits Promote the service		●	

Goal B: Create a link between citizens and the police

ACTION	F	S	HL
Provide outreach activities with representatives of the Sûreté du Québec	●	●	

Goal C: Invite citizens to engage in civic-mindedness

ACTION	F	S	HL
Continue to invite citizens to show civic spirit in the words of the elected officials or capsules in the municipal news bulletin	●	●	

Health and community support

Goal A: Bring community organizations and citizens together

ACTIONS	FAMILIES	SENIORS	HL
Promote existing services in the territory	●	●	
Support and work with the local resources dedicated to the welfare of families and seniors	●	●	

Goal B: Reducing the isolation of seniors

ACTIONS	F	S	HL
Create a meeting point for seniors: -Conference workshop projects for seniors -Encourage mutual aid by word of mouth		●	

Communication

Goal A: Inform citizens about municipal news

ACTIONS	FAMILIES	SENIORS	HL
Continue municipal communications (website, newsletter, etc.) with special attention to seniors and families	●	●	
Keep bilingualism in municipal communications	●	●	
Add a link to the seniors of Argenteuil Facebook page on the municipality's website		●	

Goal B: Offer a public place for the sharing of information between citizens (exchange services, sale and purchase, etc.)

ACTION	F	S	HL
Ask a merchant to install a bulletin board for citizens	●	●	

Administration and monitoring

Goal A: Make the family and senior policy known, as well as the actions deriving from it

ACTION	FAMILIES	SENIORS	HL
Proceed to an official launch and promote continuously (newsletter, website, etc.)	●	●	

Goal B: Monitor and evaluate the action plan to ensure sustainability

ACTIONS	F	S	HL
Transform the family senior committee into a monitoring committee after the adoption of the action plan	●	●	
Make the policy and its action plan known to the municipal Council and municipal staff	●	●	





CONCLUSION



The development of the family and senior policy has led to a close collaboration between residents, elected officials, administrative staff and agencies of the territory. It has allowed us to question some basic elements and thus renew interventions targeting families and seniors.

The Township of Gore will continue its work to maintain and optimize the quality of life of its residents. It undertakes to remain attentive to citizens and encourage their involvement in community life. The participation of youth, families, seniors and community stakeholders will be essential to make this policy a success.

The Township of Gore “thinks and acts families / seniors”!

ACKNOWLEDGEMENT

The Township of Gore wishes to thank all the citizens who took part in various consultation activities that led to the development of this policy and its action plan.

A special thank you to the Family Senior committee members for all the time they spent working for our citizens’ well-being.

Finally, thank you to the ministère de la Famille and the secrétariat des aînés for their financial support.

Famille
Québec 



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